

The Weigh Forward Can Assist Your Organization With Weight Management

The Weigh Forward is a comprehensive program that supports weight management for appropriate employees with obesity.



The program consists of 5 impact modules



Module 1: Recognize the Impact

- Designed to increase your awareness of the extent of the obesity epidemic, the health risks of obesity, and the ways in which obesity can be costly to your organization
- Explores the benefits of weight loss and the use of available treatment modalities for obesity



Module 2: Know Your Numbers

- Provides an overview of key metrics for identifying employees with obesity
- Explains why the presence of obesity should be assessed along with key comorbidities of obesity in your employee population



Module 3: Act Now

- Consists of a step-by-step guide to help you ensure coverage of anti-obesity medications (AOMs) and, if necessary, add an addendum or rider to your organization's health plan
- Includes sample letters for informing healthcare providers or health systems that employees have coverage for AOMs



Module 4: Engage Your At-Risk Population

- Provides educational information and resources designed to help you raise awareness of the risks of obesity and the importance of weight loss among appropriate employees



Module 5: Measure the Success

- As a follow-up to Module 3, this module provides a measurement framework to help you assess the impact of adding an addendum or rider for AOMs

This program is important because weight loss may **improve the health** of employees with obesity and may **reduce healthcare costs** to your organization.

To learn more about obesity in the workplace, go to <https://www.novonordiskworks.com/>.